



PREMIER

USA KOREA

TAE KWON DO



Class Schedule

(as of February 28, 2018)

1346 Lindberg

639-0466

Premiertkd.com

Monday

5:30 – 6:00 Junior Jiu-Jitsu

6:00 – 6:45 Juniors all ranks (7yrs – 12yrs)

6:45 – 7:45 Adult Jiu-Jitsu

Tuesday

5:30 – 6:00 Lil Gators (4– 6yrs)

6:00 – 6:45 White – Blue Belt Junior's

6:45 – 7:30 Purple – Black Belt Junior's

7:30 – 8:30 Adults (16yrs and up)

Wednesday

5:30 – 6:00 Lil Gators

6:00 – 6:45 Junior's all ranks

6:45 – 7:30 Adults

7:30 – 8:30 Jiu-Jitsu Adults

Thursday

5:30 – 6:00 Lil Gators

6:00 – 6:45 White – Blue Belt Juniors

6:45 – 7:30 Purple – Black Belt Juniors

7:30 – 8:30 Adults

Friday

5:30 – 6:00 Junior Jiu-Jitsu

6:00 – 7:00 No Gi Jiu Gitsu

Saturday

9:00am – 10:00am Jiu-Jitsu