



PREMIER



TAE KWON DO



Class Schedule

(as of September 3, 2019)

1346 Lindberg

639-0466

Premiertkd.com

Monday

5:30 – 6:00 Junior Jiu-Jitsu

6:00 – 6:45 Juniors all ranks (7yrs – 12yrs)

6:45 – 7:45 Adult Jiu-Jitsu

Tuesday

5:30 – 6:00 Lil Gators (4– 6yrs)

6:00 – 6:45 Juniors all ranks

6:45 – 7:45 Adults all ranks

7:45 – 8:45 Adult Jiu Jitsu

Wednesday

5:30 – 6:00 Lil Gators

6:00 – 6:45 Juniors all ranks

6:45 – 7:30 Adults

7:30 – 8:30 Jiu-Jitsu Adults

Thursday

5:30 – 6:00 Lil Gators

6:00 – 6:45 Juniors all ranks

6:45 – 7:30 Young Adults all ranks (13yrs – 20yrs)

7:30 – 8:30 Adults

Friday

5:30 – 6:00 Junior Jiu-Jitsu

6:00 – 7:00 No Gi Jiu Gitsu

Saturday

9:00am – 10:00am Jiu-Jitsu