



PREMIER



TAE KWON DO



Crossgates Class Schedule

(as of September 03, 2019)

200 N. Military Rd

639-0466

Premiertkd.com

Monday

5:30 – 6:00 Lil Gators (4-6yrs)

6:00 – 6:45 Junior's all ranks

Tuesday

5:30 – 6:00 Lil Gators (4– 6yrs)

6:00 – 6:45 Junior's all ranks

6:45 – 7:30 Junior Jiu Jitsu

Wednesday

5:30 – 6:00 Lil Gators

6:00 – 6:45 Junior's all ranks

Thursday

(No Classes)

Friday

5:30 – 6:00 Lil Gators (4– 6yrs)

6:00 – 6:45 Junior's all ranks

6:45 – 7:45 Jiu Jitsu Adults (14yrs and up)

Saturday

(No Classes)